



About ParaQuad NSW

The Paraplegic and Quadriplegic Association of NSW, known as ParaQuad NSW, is a not-for-profit registered charity that provides vital care, support, accommodation, information and clinical services to people with spinal cord injuries, their families and carers.

ParaQuad provides services that aim to meet the needs of people with a spinal cord injury and their families at every stage of life, promoting and encouraging rehabilitation, getting back into the community and independence. ParaQuad works to actively tailor services to individual requirements and provide services to enhance quality of life.

ParaQuad's services include:

- Spinal Wellbeing Services – Free specialist nursing, occupational therapy and social work services to support health and wellbeing for people with a spinal cord injury;
- Accommodation services including supported long term, transitional and respite support;
- Home-based personal care and support;
- Information, advocacy and assistance;
- Educational Scholarships
- Continence and related healthcare supplies; and
- Community awareness, fundraising, training and education.

ParaQuad has offices located in Sydney and the Hunter. For more information or to make a donation visit www.paraquad.org.au.



Disclaimer: This fact sheet is for education purposes only. Please consult with your doctor or other health professional to make sure this information is right for you.